



*St. Joseph's Parish invites
all Married Couples
to a presentation
by Dr. James Healy*

*Saturday, February 9th
7 - 9 pm in the Church Hall
Social to follow Presentation*

Conflict Resolution & the Art of Forgiveness

There are four communication traps that couples get into that can take their relationship into a downward spiral.

Dr. Healy will talk about the ways we get into these traps and also, thankfully, the ways we can get out. But no matter how good we get at communicating, becoming skilled at forgiveness is still the best way to imitate God's love and protect our own.

Dr. James Healy is the Director of the Center for Family Ministry for the Diocese of Joliet. In 2000, the National Association of Catholic Family Life Ministers honored him with its Family Ministry Award. Dr. Healy uses a light-hearted and humorous approach which has helped many couples across the country reinvigorate their relationships.

*For questions or to register
please contact Deacon Frank Kozar
630-964-0216*